

Ashwini S.



62504

First Basic B.Sc. Nursing Examination, Winter 2018
PSYCHOLOGY

Total Duration : Section A + B = 3 Hours

Total Marks : 75

SECTION – A and SECTION – B

- Instructions :**
- 1) Use **blue/black** ball point pen only.
 - 2) **Do not** write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All** questions are **compulsory**.
 - 4) The number to the **right** indicates **full** marks.
 - 5) Draw diagrams **wherever** necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) Use a common answerbook for **all** Sections.

SECTION – A (40 Marks)

1. Short answer question (**any five** out of six) : (5×5=25)
 - a) What is Self Actualization ? ✓
 - b) What are the characteristics of Emotion ? ✓
 - c) Explain Conflict Resolution
 - d) What is Hereditary and Environment ?
 - e) What are anxiety disorders ? ✓
 - f) Explain Memory Training. ✓

2. Long answer question (**any one** out of two) : (1×15=15)
 - a) i) Define Perception. 2
 - ii) Enlist the principles of Perception. 5
 - iii) What are the Factors affecting Perception ? 8
 - b) i) Define Learning. 2
 - ii) Explain Types of Learning. 5
 - iii) Explain any one Theory of Learning. 8

P.T.O.



SECTION - B (35 Marks)

3. Short answer question (**any four** out of five) :

(4×5=20)

- a) Explain Maslow's Theory.
- b) Explain how to develop listening skill.
- c) Explain Mental age and IQ.
- d) Enlist and explain 2 Branches of Psychology.
- e) Explain the type theories of Personality.

4. Long answer question (**any one** out of two) :

(1×15=15)

- a) i) Define Attitude.
- ii) Explain Factors affecting Attitude.
- iii) Explain Relevance of Attitude to Nurses.
- b) i) Define Stress and Stressor.
- ii) Explain the cycle of stress.
- iii) Explain its effect on health.

2
5
8
5
5
5

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SECTION – A

(40 Marks)

1. Short answer question (**any five** out of six) : (5×5=25)
 - a) Projective Tests in Psychology.
 - b) Nurse-Patient Relationship.
 - c) Factors affecting Learning.
 - d) Characteristics of Mentally Healthy Person.
 - e) Explain concepts of Id, Ego and Super-ego with examples.
 - f) Clinical Method in Psychology.

2. Long answer question (**any one** out of two) : (1×15=15)
 - a)
 - i) Explain any five Mental Mechanisms. 5
 - ii) Write the advantages of mental mechanisms. 5
 - iii) Importance of psychology for nurses. 5
 - b)
 - i) What do you mean by individual differences ? 2
 - ii) What are the types of individual differences ? 3
 - iii) Write the significance of understanding individual differences in patient care for nurses. 7
 - iv) Explain introvert type of personality. 3

P.T.O.



SECTION – B

(35 Marks)

3. Short answer question (**any four** out of five) :

(4×5=20)

- a) Explain the external changes that occurs during emotional reactions.
- b) Define Hallucination and its types.
- c) Discuss various methods to improve memory.
- d) Enumerate development of Attributes. How does the study of Attributes help the nurse in patient care ?
- e) Write the causes of Mental Retardation.

4. Long answer question (**any one** out of two) :

(1×15=15)

- | | |
|--|---|
| a) i) Define Psychology. | 2 |
| ii) Explain the Observational method. | 5 |
| iii) Explain how the study of psychology is important for student nurse. | 8 |
| b) i) What is meant by self-Actualization ? | 2 |
| ii) Write the phases of counselling. | 5 |
| iii) Write the psychological needs of an infant. | 5 |
| iv) Write a note on Stress Adaptation. | 3 |



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First Basic B.Sc. Nursing Examination, Winter 2016
PSYCHOLOGY

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SECTION - A

(40 Marks)

(5×5=25)

1. Short answer question (**any five** out of six) :

- a) Importance of psychology in nursing.
- b) Explain Psycho-analytical theory given by Sigmund Freud.
- c) Enlist Projective Tests and explain Rorchachs Ink Blot Test.
- d) Write the factors that influence the development of personality.
- e) Make a list of Mental Mechanisms and explain any two with examples.
- f) Explain Nurse - Patient Relationship.

2. Long answer question (**any one** out of two) :

(1×15=15)

- a) i) Define Learning. (2)
- ii) Explain three major laws of learning. (5)
- iii) Explain theory of trail and error with experiment/ example. (8)
- b) i) Define Psychology. (2)
- ii) Explain Observational method of psychology. (5)
- iii) Explain psycho-sexual stages according to Sigmund Freud. (8)

P.T.O.



SECTION – B

(35 Marks)

3. Short answer question (**any four** out of five) :

(4×5=20)

- a) Explain self actualization.
- b) Influence of culture to shape the personality.
- c) Mental Hygiene.
- d) Causes of Mental Retardation.
- e) Psychological problems of women.

4. Long answer question (**any one** out of two) :

(1×15=15)

- a)
 - i) Define motivation. (2)
 - ii) Write the types of motives. (5)
 - iii) Explain the Maslow's theory of Hierarchy of Needs. (8)
- b)
 - i) Define emotion. (2)
 - ii) Explain the internal (physiological) changes in emotion. (5)
 - iii) Write the role of nurse in control of emotions in self and patient. (8)

ST

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Punam Pawar



62504

First BASIC B.Sc. NURSING, Winter 2015

Psychology

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Total Marks :75

Section - A & Section - B

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- experience
object
relationship

readiness
experience
"

Section "A" (40 Marks)

Abraham

(5x5=25)

1. Short answer question (**any five** out of six) :
- a) Define Personality and briefly explain its various types. 2
 - b) What is an emotion? Discuss the effect of emotional reaction on health. 2
 - c) Discuss the Maslow's hierarchy of needs with diagram. 5
 - d) Define perception. What are the factors affecting perception? 2
 - e) Characteristics of mentally healthy person. 4
 - f) What are the effects of personal and social motives on behaviour? 2

Kretschmer
Sheldon's
Jung's
Allport

2. Long answer question (**any one** out of two) :

(1x15=15)

- a) Define Psychology. Explain observation method. Explain how the study of psychology is important for a student nurse.
- b) Define learning. Write the factors that influence learning. Explain the theory of classical conditioning. 10

mental health person
the safety precaution

Section "B" (35 Marks)

3. Short answer question (**any four** out of five) :

(4x5=20)

- a) Define memory and explain types of memory. 4
- b) Explain the General Adaptation Syndrome by Hans Selye with one example. 4
- c) Explain how a nurse has to cope with stress. 3
- d) Define Counselling and explain the phases of counselling. 2
- e) Discuss the types of conflicts. 2

14
+32
=46

14
-36
=50

4. Long answer question (**any one** out of two) :